

NHCP *Newsletter*

Serving those who serve, we care

Vol. 8, Issue 4

Serving the Naval Hospital Camp Pendleton community

Summer 2001

Internal Medicine Hits The Mark: Primary Focus On Patient Care

By Kimberly D. Prato
Public Affairs Officer

The Internal Medicine Clinic at Naval Hospital Camp Pendleton (NHCP) as of June has a new home and a new plan to better meet Sailors, Marines and their families needs.

Lt. Cmdr. Bharat S. Patel, department head, Internal Medicine,



Photo by HM2 Sean F. Farrell

Capt. William M. Heroman, Commanding Officer, Naval Hospital Camp Pendleton, cuts the ceremonial ribbon with Capt. Jane K. Hourigan, Director for Managed Care, for Internal Medicine's new location.

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and Lt.j.g. Nathan Hicks, clinic manager, Internal Medicine, are responsible for developing a plan and new clinic structure to help staff be more accessible and streamline the appointment process.

"We would sit down together as a group and asked how can we better serve our people," said Patel. "Our goals meshed together, our goals were common, to take care of the patients," he said.

One of the initiatives involves Primary Care Manager by name, every patient knows the provider who will be giving them care from the day they are assigned to the clinic.

Another initiative is access based, allowing all of the clinic services to be housed in one location on the third floor.

Central appointments clerks were given the authority to change the type of appointment necessary to meet the needs of the patient, opening up more appointments per day. Primary Care Managers were also able to increase the amount of patients they see a day, by more than double because of the new structure. Providers now have two exam rooms each in order to increase patient privacy and streamline history taking and appointment preparation time.

According to Patel, each provider has two support staff and because of cross training, their roles are interchangeable, with the administrative staff functioning independently.

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National Prayer Day

By JO1 Robert M. Dylewski
Deputy Public Affairs Officer



Photo by: JO1 Robert M. Dylewski

Sailors and civilians joined hands around the Command flagpole at Naval Hospital Camp Pendleton (NHCP) to take time out for a moment of prayer in observance of the Annual National Day of Prayer. Chaplains Cmdr. William B. Brimhall and Lt. Cmdr Christopher E. Buck led group prayer and initiated moments of individual prayer.

“The national day of prayer was established to pray for our government, to pray for our military to pray for the leaders of our country,” said Chaplain Lt. Wilson W. Wineman of NHCP Pastoral Care Department. “In the prayer that I prayed I mention specifically that the Commander-and-Chief, the vice president, the admirals and generals that lead our troops, and the guys here that are deployed may their character and their influence be reputable. May they be known as people of good character.”

According to Wineman the first national Day of Prayer was issued in 1775 when millions of believers gathered to intercede on behalf of our country, our leaders, our cities and our homes. In 1952, the tradition was signed into law under Harry S. Truman and

Pictured on the left, Chaplain Cmdr. William B. Brimhall leads Hospital Staff members in prayer for National Day of Prayer at the command flagpole.

since that day each subsequent president has made the proclamation. President Ronald W. Reagan signed the first amendment designating the first Thursday of every May be declared the National Day of Prayer.

“It’s an opportunity to pray for the all leaders in our educational institutions and leaders of all the areas of our country. It’s the opportunity to say hey if on no other day, today let’s pray for the leadership of our country those individuals that have influence. I think that’s important that there’s a highlighted moment for that. If nothing else to call us back to that,” Wineman said. ❁



NHCP NEWSLETTER
www.eNHCP.com

NHCP Newsletter submissions should be sent to rmdylewski@cpen.med.navy.mil or Call Public Affairs 725-1271 for more information.

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Commanding Officer
CAPT W.M. Heroman, MC
Executive Officer
CAPT S. M. Smalling, NC
Public Affairs Officer
Kimberly D. Prato
Deputy PAO
JO1 Robert M. Dylewski

PUBLIC NOTICE

The Joint Commission on Accreditation of Healthcare Organizations will conduct an accreditation survey of this organization on **August 29-31 2001**. The purpose of the survey will be to evaluate the organization's compliance with nationally established Joint Commission standards. The survey results will be used to determine whether, and the conditions under which accreditation should be awarded the organization.

Joint Commission standards deal with organizational quality of care issues and the safety of the environment in which care is provided. Anyone believing that he or she has pertinent and valid information about such matters may request a public information interview with the Joint Commission's field representatives at the time of the survey. Information presented at the interview will be carefully evaluated for relevance to the accreditation process. Requests for a public information interview must be made in writing and should be sent to the Joint Commission no later than five working days before the survey begins. The request must also indicate the nature of the information to be provided at the interview. Such requests should be addressed to:

Division of Accreditation Operations
Organization Liaison
Joint Commission on Accreditation of
Healthcare Organizations
One Renaissance Boulevard
Oakbrook, Terrace, IL 60181

The Joint Commission will acknowledge such requests in writing or by telephone and will inform the organization of the request for any interview. The organization will, in turn, notify the interviewee of the date, time, and place of the meeting.

This notice is posted in accordance with the Joint Commission's requirements. ❁



PUBLIC NOTICE



Photo by HM2 Sean F. Farrell

Lt. Cmdr. Perry Willette receives a Navy Marine Corps Achievement Medal, for winning in the International Research Competition, during the medical residents graduation Ceremony.

NHCP Med Resident Wins International Research Competition

*Submitted By CDR John R. Holman
Associate Program Director, Family Medicine*

On April 3, Lt. Cmdr. Perry Willette, won the first place award for family medicine resident research at the Annual Assembly of the Uniformed Services chapter of the American Academy of Family Physician held in San Diego.

Willette, a second-year resident at the family medicine residency of Naval Hospital Camp Pendleton, was recognized for his research entitled "A Comparison of Second Hand Smoke Exposure on Submarines with Forward and Aft Smoking Areas. This study was conducted while Willette was assigned as an Undersea Medical Officer with the USS Greenville, SSA. This study determined that non-smokers had no significant exposure to second-hand smoke while underway no matter where their watch-standing, berthing area or smoking area location was positioned. This finding was probably due to the sophisticated ventilation systems aboard Los Angeles class fast attack submarines. This information is important to commanding officers as they plan the best area for their smoking submariners while underway. Willette was awarded the first place prize competing with 27 other presenters selected from over 110 research submissions from all branches of the Uniformed Services. ❁

Department in the Spotlight ... Population Health

By JO2 Oscar A. Troncoso
Public Affairs Office

The Population Health Department (PHD) at Naval Hospital Camp Pendleton (NHCP) is one place that focuses on the group, and not the individual. Gathering data from various sources, PHD zeroes in on how to optimize health care for a group of people. Located on the fourth deck, PHD began operating in March of 2000. The importance of this relatively new department has grown so much that it is at the top of NHCP's strategic goals.

"We've been really successful at changing the way we look at things. Instead of thinking about treating one patient at a time, we now focus on a population of patients" said Capt. Sandra C. Bibb, Population Health Department Head.

Diabetics, for example, are one of the groups that have been targeted because of the high volume of individuals who suffer from the disease. Using their database, PHD has identified 274 diabetic patients. Their computers have printed out data on each diabetic to screen their care needs, ranging from blood tests, eye exams, foot exams and smoking history. PHD looks the data over, screens the patients, identifies their current needs, reviews the information with their physicians, and finally contacts those patients. As a result,

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this facilitates the ordering of tests and setting of the appointments. Instead of waiting for the diabetics to get so sick that they have to check into the hospital, PHD is reaching out with preventive measures that will keep them healthier and out of the hospital.

"Diabetics are the ones who we're trying to make the most impact with. We've found out that not only are they high volume, but they're also high risk," said Bibb.

The proactive emphasis of PHD is based on hard facts. There is no room for guessing when it comes to PHD's impact on health care.

"We're proactive but we

" Instead of thinking about treating one patient at a time, we now focus on a population of patients" said Capt. Sandra C. Bibb, Population Health Department Head.

have to be sure our decisions are based on evidence. We go on data that we have. We don't go on our gut," said Bibb.

Collecting, documenting and assessing data is one of the most important yet challenging realities for PHD. Since military personnel move every few years, it has become a challenge to keep track of who is coming and going.

"With the way our data system is set up right now, there is no way for it to know if somebody has transferred away. So when we ask for it to tell us about a group of

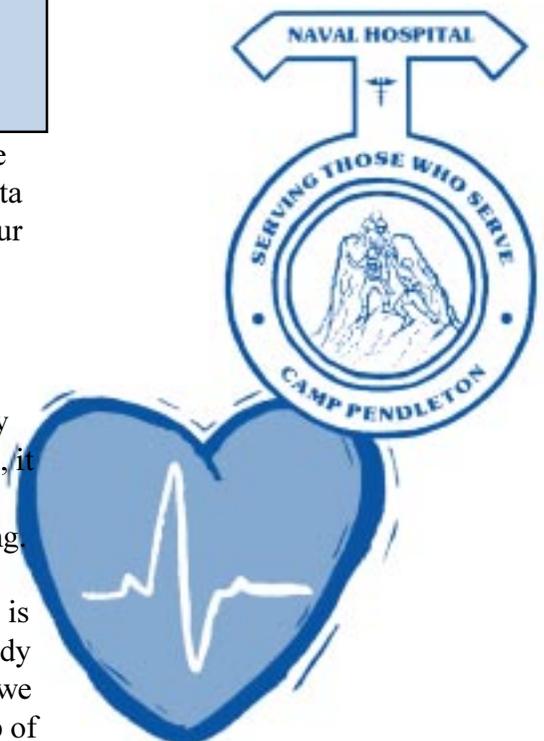
people, some of them may be gone. There are some things that are being refined in the data warehouse system," said Bibb.

The data base is a separate server system, which pulls out information from PHD's Composite Health Care System and the Ambulatory Data System. These systems have information that includes name, age, address, phone numbers, lab results, eligibility information, and most importantly the reason they ended up at the hospital. All this data gets pulled together by PHD.

Bibb explains how this data is disseminated to specific departments:

"Somebody may have a question they want to get answered about their population. We sit and talk about what they want and make sure that what they want is something that we can get from the data system. Cmdr. Ted Robinson or I will look at the data before we release it. Then we'll give them

Spotlight Continued on Page 5.



News Briefs ...

Maternal Infant Services

NOTE: Maternal Infant Services (MIS) has a new telephone number. If you need to reach Labor and Delivery, OB/GYN, Maternal Infant Unit, Nursery, Lactation Consultant, or Postpartum Clinic please call 760-725-6383.

MPMD NOTE: Due to the current international security condition, personnel traveling overseas must inform MPMD of their travel plans not later than 30 days prior to departure. This is to ensure that all requirements are met and approval, if applicable, is granted by cognizant authority prior to departure in accordance with the DOD Foreign Travel Guide (DOD 4500.54).

EMERGENCY INFORMATION FOR PEOPLE WITH SPECIAL NEEDS

If you depend on any kind of electrical medical device at home, you need to notify Camp Pendleton Fire Marshall Mark P. Soderberg at 763-2703. In case of a power outage, the Camp Pendleton Fire Station will be able to provide immediate assistance to persons with special needs. You will need to give the Fire Marshall your name and address.

“We need to know who they are, where they are, and what their needs are,” said Soderberg.

For additional information on this subject, you may also log on to www.sdge.com (San Diego Gas and Electric) web site.

VEAP/MGIB CONVER-

SION: Sailors on active duty who participated in VEAP on or before 9 October 1999, and served continuously from that date through 1 April 2000, can elect to enroll in the Montgomery GI Bill program or remain on VEAP. Members who never participated in VEAP are not eligible for MGIB program enrollment and cannot establish eligibility. The cost to convert from VEAP to the MGIB Program is \$2,700. MGIB program benefits for personnel who have completed their active duty currently total \$23,400 (\$650 per month for full-time school enrollment for 36 months). Personnel on active duty receive the cost of tuition fees, not to exceed \$650 per month. VEAP pays up to a total of \$8,100 (\$300 per month for 27 months). Points of contact are PN2 Plaisance and PN3 Wymer at 725-1362.

THE 200-QUESTION

ADVANCEMENT EXAMS: Beginning in January 2002, Navy Advancement Exams will have 200 questions, some of which will be based on occupational standards and others on professional military knowledge (PMK). The occupational questions will be identical for all candidates, across ratings, within pay grades. In other words, guidance for 200-item exams will be the same as for the 150-item exams; only the exam length will change. The time allotted to administer the exam will continue to be three hours. Point of contact is PN2 Plaisance at 725-1362.



Spotlight Continued from Page 5.

some ideas on how they can use that data to help them improve the health of their population.” Commander Robinson is the Division Head of PHD’s Disease Management.

Another way that PHD improves health care is through education. In fact, educating patients is a driving force behind PHD’s preventive and proactive nature. The more patients are educated about how to optimize their health, the likelihood is less that they will end up sick in the hospital.

“We don’t just focus if somebody is feeling good or bad. We also make sure they get educated. We have a Learning Resource Center for patients and staff on the 6th floor. We provide educational materials on just about anything that you can think of,” said Bibb.

The impact of the PHD may be best measured *not* by how many individuals have visited NHCP when they are sick, but by how many they have brought in due to their proactive approach.

“Let’s find out who our customers are, what they need, and be sure that they get those things. We’re going to go out and remind them that they need those things, and we’re going to make them available to them. That’s the focus that we’ve been trying to bring to the command. That’s truly what Population Health is all about,” said Bibb. ✨

Career Counselor

Hotline

By HMC (SW/FMF) Gary P. Henkel, CCC

The Hello shipmates following information was taken from the OPNAV 1420.1. It is the newest instruction in which general information, eligibility requirements and submission procedures have been compiled for officer programs. This information can be found at <http://neds.nebt.daps.mil/1420.htm>



HMC (SW/FMF) Gary P. Henkel
Command Career Counselor

The Students at the Naval Academy are Midshipmen, U.S. Navy, receiving pay of a midshipmen plus tuition, room and board. A Bachelor of Science degree is awarded upon graduation. The minimum service obligation is five years active duty and three years Reserve upon initial appointment as an officer. Citizens of the United States and cannot be waived. Must not have passed their 23rd birthday on 1 July of the year entering Unmarried, not pregnant, and have no legal responsibility to support children or other individuals. Must be submitted via chain of command prior to January 31 of the year in which they would be entering the Naval Academy or Naval Academy Preparatory School. Additional academic and program eligibility requirements are specified in greater detail in Chapter 3

of this manual.

OCS is an initial commissioning program for individuals possessing at least a baccalaureate degree from an accredited institution. Selectees for OCS may choose, depending upon individual qualifications, designators within the Unrestricted Line, Restricted Line and certain Staff Corps designators. Enlisted applicants selected for the program who are in paygrade E-4 or below are designated officer candidates and advanced to paygrade E-5 upon reporting to OCS. Graduates of OCS are appointed as Ensigns, U.S. Naval Reserve and incur a minimum active duty obligation of four years. Citizens of the United States and cannot be waived. Applications are accepted continuously throughout the year. Additional academic and program eligibility requirements are specified in greater detail in Chapter seven.

MECP is a Nurse Corps commissioning opportunity. It provides a pathway for active duty enlisted personnel of all ratings, who possess some college credit, to obtain a baccalaureate degree in nursing and ultimately a commission in the Nurse Corps. MECP students receive full pay and allowances for their enlisted paygrades and are eligible for advancement while in college. The student pays tuition, fees, books and other expenses incurred while participating in MECP. If eligible, students may use the Veterans Educational Assistance Program (VEAP) or Montgomery GI Bill (MGIB) educational benefits, however, students are not eligible for benefits under the Tuition Assistance program. Selectees are required to complete degree requirements in not more than 36 consecutive calendar months and attend school on a full-time, year-round basis beginning in the fall of the year selected. Must be serving on active duty in the U.S. Navy, U.S. Marine Corps, or Naval Reserve. Must have completed at least three

CCC Continued on Page 7.

Chaplain's

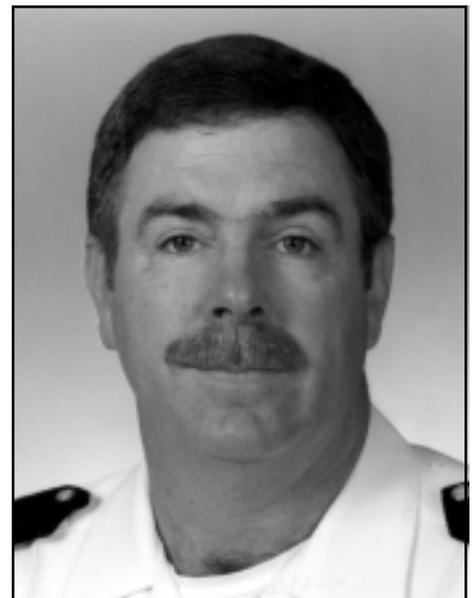
Food For Thought

By LCDR Christopher Buck,
Chaplain

There's a common myth that only old men and women die of heart attacks. While it's true that heart disease takes more victims than any other form of illness – now two of every five people, it is also true that more and more people in their thirties and forties are being felled by heart diseases. Recently, Linda, a 52 year old, began to experience chest pains. She had suffered a heart attack. Three days later, she had triple bi-pass surgery. As part of her rehabilitation, she attended a cardiac rehab group. Though she thought she would be the youngest one there. She couldn't have been more wrong. She relates her observation:

“My cardiac rehab group consisted of the following people: A retired 25-year Marine officer who was physically fit with a resting heart rate of 35, a 34 year old woman, a 38 year old general contractor who

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LCDR Christopher Buck,
Pastoral Care Department

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mountain biked strenuously on a regular basis. None of the remaining eight members were overweight."

What was the common denominator within this cardiac group? The answer became clear with just a short time of discussion. Linda adds, "STRESS and how we handled it... We asked for more work and more responsibility. We truly thought we could do it all." That stress is a killer, few doctors would contradict. Stress along with a variety of factors – bad diet, high cholesterol, inactivity, too much to do and not enough leisure – combine to deliver a lethal blow.

How do you handle stress? Regular exercise, proper diet, weight control, elimination of tobacco, and handling hypertension are among the American Heart Association's considerations for decreasing your risk factors. I submit there is another: REST!

In the midst of the stress that bombards your life, the family activity and work related tensions; we need to make time to relax – to laugh, and to slow down on a regular basis. God himself rested on the seventh day. In line with God's own actions, the Hebrew Testament instructs us to keep the Sabbath holy. When Jesus was tired, he withdrew from the crowds – and prayed (I can't help but believe that he played a little ball, too). Our culture does not honor time spent "doing nothing," and we begin to believe that quiet times are *nothing* so we work long days and fill up our evenings. We add so much to our lives that we borrow from our nighttime rest. As a result, we have become sleep deprived. The solution? Not just sleep, but rest – "ACTIVE REST." We must certainly give ourselves with gusto to our jobs, our families and our church, but we must keep our personal peace in perspective.

Active rest is time spent quietly in reflection, time with God in prayer and reading, time with family or

Summer 2001

friends in uplifting conversation. During the hospital's "Times of Refreshing" (a weekly, brief chapel reflection time – Tuesdays @1130), Chaplain Chris Buck, has referred to Psalm 46 where God says, "Be still and know that I am God." There is calm in the midst of our personal storms. We need calm in our lives. We need restoration. We need ACTIVE REST.✿

MPMD Corner

By HMC (FMF) Willie L. Seraspe, MPMD

Military Personnel Management Department is very pleased to announce the implementation of the revised Command Check-in process. Our check-in process now matches the quality of the people who are part of the team here at Naval Hospital Camp Pendleton. Some of the improvements include:

1. Decrease in the number of stops from 33 to 8.
2. Personal data can now be entered on our Web Page prior to the new staff member's departure from their command.
3. The remaining data will be electronically transmitted from MPMD to the appropriate departments.
4. Individual nametags are fabricated upon receipt of Permanent



**HMC (FMF) Willie L. Seraspe
Military Personnel Management
Department**

Change of Station (PCS) orders, therefore, the nametag will be ready upon check-in.

Effective immediately, every 1st working day of each month, our department will be disseminating to all department heads, a list of personnel who are detaching within 120 days. Its purpose is to assist department heads in identifying personnel who are deserving of an end of tour award. So they can be recognized for their hard work, dedication, and commitment during their tour onboard.

These are just some of the process improvements we are always striving for - to continuously support the Navy Medicine's motto of "Charlie Golf One - Standing by, ready to assist."✿



CCC Continued from Page 6.

years active service as of October 1 of the fiscal year in which the selection board is held. Must be able to complete the nursing degree requirements and be commissioned prior to their 35th birthday. Applications must be received prior to 1 October of the year in which the applicant desires selection to the program. Additional academic and program eligibility requirements are specified in greater detail in Chapter 12.

MSC IPP for Health Care Administration (HCA) and Physician Assistant (PA) provides a pathway to officer commissions for active duty enlisted personnel who meet eligibility criteria for Health Care Administration or Physician Assistant. MSC IPP students receive full pay and allowances in their current enlisted paygrades and are eligible for advancement while in college. The student pays tuition, fees, books and other expenses incurred while participating in the program. If eligible, students may use the VEAP or MGIB

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ACCOLADES



LT Leslie Adams, Navy Marine Corps Achievement Medal
LT Chad Smith, Navy Marine Corps Achievement Medal
HM1 Kyle Norris, Navy Marine Corps Achievement Medal



Carnell Holder, 30 years of government service award.



Capt. Susan Smalling, Meritorious Service Medal
HM3 Tsion Williams, Navy Marine Corps Achievement Medal
HM1 Felicano Cesa, Certificate Of Comendation
HM2 James Jones, Certificate Of Comendation
HM3 Kelly Molnar, Certificate Of Comendation

HN Tyrone Robinson, Certificate Of Comendation
Paulette Tomlinson, Civilian Of the Quarter
HM3 Leah Predum, Certificate Of Comendation
HM3 Ryan Grinstain, Certificate Of Comendation
DT3 Ronald Cruz, Certificate Of Comendation
Juanita Craft, 20 Years of Government Service

ACCOLADES



Cmdr. Kathleen ROHLEDER, Navy Commendation Medal
MS1 Peter Rojas, Navy Marine Corps Achievement Medal
SK2 Jacob Rico, Navy Marine Corps Achievement Medal
Paulette Tomlinson, Civilian Of the Quarter
HM3 Marcus Ratts, Certificate Of Comendation

Francis Gardner and Richard Lightenberg 25
years of government service awards.



Lt.Cmdr. Steven Belknap, Navy Comendation
HM3 Kevin Conway, Navy Marine Corps Achievement Medal
First Class Petty Officers' Association, Letter Of Appreciation
David Wilson, 20 Years of Government Service
Balentin Morelos, 20 Years of Government Service
Summer 2001

ACCOLADES



Lt. Cmdr. Eric J. Kuncir receives, Navy Marine Corp Achievement medal.



Lt. Thomas R. Broadway, Navy Commendation.



HM3 Michael Kiamzon, Certificate of Comendation.



Daniel McClenaghan 20 years of Government Service.



NHCP OMBUDSMAN



Camp Pendleton Resources Available to Families

*By Leith E. Hammond,
NHCP, Ombudsman*

Hey there Navy families and a happy summer to you from your Ombudsman. I thought I'd take this time to share some resources that are available to us here at Camp Pendleton.

Are you on WIC? WIC helps ensure our moms-to-be, breastfeeding moms and our kids under the age of five get the right food to eat. They have vouchers for infant formula, nutritious food and juice and will even provide a manual breastpump to moms who exclusively breastfeed. WIC also provides nutrition counseling, healthy pregnancy classes and breastfeeding education and support. Think you won't qualify? You might be surprised! E5 and below as well as junior grade officers will usually qualify for WIC. Other ranks will qualify depending on the number of family members in the home. For information call 433-3814.

Do you like to save money on food? Try SHARE! You provide a few hours of volunteer work (babysitting for a neighbor, etc.) then pay \$15.00 and you get lots of Summer 2001

good meats, fresh vegetables and fruit plus other stuff. For more information call 1-800-773-7372. Also, the Military Parish Visitors have a food ministry on the second Wednesday of every month at 4:00pm. You can meet them on Abeyta Court in Sera Mesa to pick up free food.

Nothing to do? Military Parish Visitors has a Crafts and Conversation class - and on-site childcare is provided. Classes are every week at Mainside and Stuart Mesa Community Center. In fact if you don't know about the Military Parish Visitors this is a good time to learn. These folks focus on military families. They can provide emergency food and diapers, furniture, clothing, transportation to the doctor and all sorts of good stuff. And if you have any of the above items to donate they'd be glad to accept. You can reach Chris at 727-6370 and Pat at (858) 792-2205. They accept collect calls.

Do you know about Marine Corps Community Support Services? They love to serve Navy families stationed at Camp Pendleton. Career Focus (725-4737) can provide training and

assist with job placement or volunteer opportunities for family members. New Parent Support Program (725-3884) has weekly Playmorning for moms and children ages 0-5, the Stork Club for moms-to-be, a Baby Boot Camp and a weekly parenting class. Life Skills Management (725-6636) hosts regular classes on parenting teens, single parenting, anger and stress management and suicide awareness plus other interesting and useful topics. The Financial Management office (725-6098) can provide advice on home and car purchases, credit information and smart budgeting. And if you have a family member with special needs (even as minor as mild asthma) the Exceptional Family Member Program (725-5363) can help with access to resources and general support.

So go out there and use these great resources! It's one of the benefits of military life. And, as always, if you need additional assistance or have any other questions or concerns regarding life as a Navy family member you can always page me at: 760-414-8864

Have a happy summer! ☀

Welcome Aboard

Capt Mark Sheridan
Lcdr Mark Gohl
Lcdr Mark Pledger
Lcdr Michael Ramos
Lcdr Fernando Moreno
Lt Marther Cutshall
Lt Gary Dawson
Lt Dennis Spence
Lt Susanne Blankenbaker
Lt Teresa Bueche
Lt Murat Gemici
Lt John Vincent
Lt Richard Sams Ii
Lt Chrisanna Johnson
Lt Carla Soler
Lt Cindy Laswell
Lt Paul Langevia
Lt Fernando Leyva
Lt Wililam Middleton
Lt Pennirae Frisbie
Lt Anthony Velasquez
Lt Christen Pusateri
Lt Mark Woodbridge
Lt Jessica Tayler
Lt William Swart, Jr
Lt David Duncan
Lt Jason Brayley
Lt Daivd Los
Lt Jay Kennard
Lt James George Ii
Lt Jeff Feinberg
Lt Rogelio Du
Lt Katrina Leek
Ltjg Daynan Rigg
Ens Julie Meadows
Ens Danny Nixon
Ens Megan Stanley
Ens Christina Denning
Ens Contance King
Ens Maria Bloss
Ens Jacquelynn Salek
Hmcm David Rae Mickey
Hmc Courtney Motley
Hmc Leonardo Raya
Gm1 Alfredo Estrada
Os1 Michael Burton
Hm1 Clark Gary
Hm1 Christopher Roganti
Hm1 Ginger Roganti
Hm1 Max Huffman

Hm1 Alidda Moore
Hm1 Trudy Hoiland
Pc2 Carmetta Jackson
Ms2 Randall Carl
Ms2 Brian Kreuziger
Sk2 Ryan Talob
Sk2 Jacob Rico
Sk2 Jose Cortez-velarde
Hm2 Nicky Tomblin
Hm2 Matthew Murphy
Hm2 Everett Coleman
Hm2 Christopher Owens
Hm2 Jose Jovellanos
Hm2 Allen Hall
Hm2 Macedonio Herrera
Hm2 James Davis
Ms3 Lenard Villalobos
Sh3 Warlito Gabriel
Hm3 Thomas Hayslip
Hm3 John House
Hm3 Jeanne Beyerle
Hm3 Kathleen Carrell
Hm3 Christopher Johnson
Hm3 Natalie Lukaesko
Hm3 Chi Ngov
Hm3 Tsion Williams
Hm3 Michael Perez
Hm3 Raymond Schaeffer
Hm3 Michael Rodriguez
Hm3 Jeffrey Gilbert
Hm3 Flor Strifolino
Hm3 Zarra Liermann
Hm3 Tara Elliott
Hm3 Christopher Lovelette
Hm3 Arthur Reyes
Hm3 Thomas Murphy
Hm3 Craig Morgan
Hm3 Dannon Tarpley
Hm3 Nathon Gomez
Hm3 Edward Alan Dikitanan
Hn Scott Talley
Hn Rone Rivera Ii
Hn Ludolph Duyssen
Hn Jr Montemayor
Hn Anthony Hernandez
Hn Rick Ware
Hn Trasa Richmond
Hn Argene Hernandez
Hn Darryl Escamilla
Hn Deborah Davadi
Hn Misac Lopez
Hn Dylan Reynolds
Hn Albert Cisneros
Hn Dionico Jorge
Hn Damond Jackson

Hn Jason Donald
Hn Sarah Miller
Hn Lydia Eddington
Hn Ladaryl Smith
Hn Raina Nino
Hn Sylvia Esthay
Hn Clint Wilkerson
Hn Cesar Sanchez
Hn Stephen Mcgee
Hn William Martin
Hn Dayna Stanley
Hn Christian Flohr
Hn Cindy Van Meyer
Hn Christopher Brown
Mdsn Maria Buss
Mdsn Thomas Fuller
Midn Ruben Lopez
Midn Rachel Sorensen
Dn Donnie Thomason
Dn Jem Arindueque
Dn Carlos Morgado
Dn Makeda Hernandez
Itsa Daniel Rosa
Pnsa Edyne Zephirin
Ha Joshua Weistein
Ha William Buchanan
Ha Bobby Meadors
Ha Mollie Piper
Ha Kareen Werbe
Ha Alli Nasir
Ha Alvin Mallari
Ha Tiffany Conley
Ha Tiya Nadeau
Ha Jonathan Lozada
Ha James Reed
Ha Wendy Bryson
Ha Allison Nole
Ha Jack Daniels
Ha Lawrence Sheppard
Ha Juan Galarza
Ha Adepter Manalo
Ha Kufreabasi Idiong
Ha Joseph Brunel
Ha Jeffrey Logan
Ha Manclouia Puga
Da Scott Jackson
Da Joy Clever
Da Marcellus Tomlinson
Da Amber Mclaughlin
Da Craig Anderson
Da Curtis Nettles, Jr
Da Christian Anderson
Dr Jennifer Harvey
Dr Michael Garcia
Dr Alberto Contreas

Dr Antonio Simmons
Hr Samuel Arroyo Iii
Hr J Zamarripa
Hr Marco Murillo
Hr Luis Deffit
Hr Lisa Kujaswa
Hr Jan Lemar
Hr Michael Morrow
Hr Sethoeun Sok
Hr Johnathan Akers
Hr Paul Browne
Hr Wilmer Rodriguez
Hr Sheryl Eldredge
Hr Nicholas Ramos
Hr Dennis Kordie
Hr Holly Chaudoin
Hr Lucas Fink
Hr Benjamin Powers
Gs04 Cathy Lantz
Gs04 Josepha Griffin
Gs04 Frances Camacho
Gs04 Anita White
Gs04 John Deocampo, Jr
Gs04 Lawanda Taylor
Gs04 Winfred Hood
Gs05 Stephanie Hopkins
Gs05 Joani Tolzmann
Gs06 Benjamin Deguzman
Gs07 Joycelyn Mendiola
Gs08 Deborah Shepard
Gs09 James Peterman
Gs09 Melissa Bennett
Gs11 Deborah Williams
Wg02 Mary Sherman
Wg02 Terrance Murphy
Con Phyllis Allen
Con Gorya Brown
Con Lyndee Lizarraga
Con Antolina Ramirez
Con Judith Gagne
Con Brandy Harrell
Con Rosa Nieto
Con Mary Joan Noceda
Con Fabiana Jenkins
Con Laverne Green
Con Jennifer Hall
Con Lucia Szuch
Con Robin Topley
Con Debbie Contreras
Con Nieves Herold
Con Stephanie Teal
Con Darlene Kittelson
Con Kristen Deliseo
Oth Tonya Kellam
Oth Ruth Sanderson

Oth Paula Chavez
Oth Emily Martin
Oth Elena Nayerman
Oth Florencia Jones
Oth Richard Busek
Oth Tracy Wong
Vol Roy Linder
Vol Mark Cragg
Vol Natalie Hannifin
Vol Ronna Freitag
Vol Elizabeth King
Vol Alla Cline
Vol Janice Mooney
Vol Frank Mann
Vol Michelle Manalastas
Vol Rebekah Almond
Vol Glen Chappell
Vol Patricia Mixer
Vol Jane Obuhanych
Vol John Grana
Vol John Barber
Vol Forrest Beatty
Vol Mahlon Bennett
Vol Lela Bennett
Vol Thelma Hendrix
Vol Frances Snider
Vol Angela Huerlimann
Vol Donna Locke
Vol Katie Teo
Vol Herbert Goldman
Vol Nakosha Embry
Vol Cassie Engel
Vol Eileen Alley
Vol Pinger Brooke
Vol Dorothy Parlette
Vol Cam Zar
Vol Shawn Sanor
Vol Theresa Grana
Vol Robert Whited
Vol Lillian Adams
Vol Tina Dickson
Vol Fred Dyson
Vol Elisabeth Ferris
Vol Ruth Nolte
Vol Alva Snider
Vol John Stonebraker
Vol Ronald Williams
Vol Stephanie Bermea
Vol Erin Callahan
Vol Lynn Haskin
Vol Rochelle Headley
Vol Aaron Jones
Vol Jesusa Edington
Vol Betty Gunnels
Vol Angela Stonebraker

Vol Constante De La Cruz
Vol Robert Thompson
Vol Sarah Svob
Vol Shirley Padley
Vol Ma'yvita Balocang
Vol Romelia Blankers
Vol Billie Lack
Vol Shelley Sigmund

Farewell

CAPT VICENTE GUECO, JR
Capt Patricia Netzer
Capt Steven Nichols
Cdr Gregory Simpkins
Cdr Eric Herbert
Cdr Neil Seeley
Cdr Diane Miller
Lcdr Albert Dinicola, Jr
Lcdr Brian Wippermann
Lcdr Bryce Morton
Lcdr Randall Friese
Lcdr Michael Michalski
Lcdr Lynne Ahn
Lcdr Jason Myers
Lcdr Thomas Robinson
Lcdr Noel Rivera
Maj Skirkant Tamhane
Lt Suzann Pia
Lt Linda Rolan
Lt Raymond Rodriguez
Lt Leilani Ferrer
Lt Ariel Carlson
Lt Cary Endozo
Lt Adrienne Simmons
Lt Mark Day
Lt Michelle Glowacki
Lt Rachel Binney
Lt Mark Swearngin
Lt Julia Smith
Lt Ronald David
Lt Tricia Laws
Lt Jason Ellis
Lt Craig Morgenstern
Lt Michael Booth
Ltjg Nicholas Schnaufer
Ltjg Katherine Noel
Ltjg Molly Duerkop
Ltjg Steven Schwenkler
Ltjg Cynthia Norris
Ens Randy Choi
Hmc Francisco Oliveras
Hmc Renee Springer
Mac Ruth Garn
Ic1 Kevin Thackston

Et1 Gerald Olesky
Hm1 Robert Bandelos
Hm1 Henry Agustin
Hm1 Seleaina Thomas
Hm1 Troy Grizzle
Hm1 Cherry Minkavage
Hm1 Artemio Santos
Hm1 Theodore
Woodwardpartridge
Hm1 Richard Dumangas
Hm1 Robert Stackman
Hm1 Leonardo Deperio
Hm1 Michael Davis
Hm1 Catherine Nykiel
Hm1 Gabriel Gallinal
Ms2 Alnahl Jones
Hm2 Cornelius Horner, Iii
Hm2 Jose Salas
Hm2 Matthew Burnett
Hm2 Mark Degeldere
Hm2 Sonseeahray Walker
Hm2 Rita Pouliotte
Hm2 Loraine Johnson
Hm2 Andres Sanagustin
Hm2 Charles Teague
Hm2 Michael Ramos
Hm2 Elroy Barrera
Hm2 Christian Linnemann
Hm2 Christopher Kight
Hm2 Amy Hemish
Hm3 Michael Reid
Hm3 Mario Gonzales
Hm3 Edgard Lanuza
Hm3 Albert Huerta
Hm3 Bridgett Medeiros
Hm3 Danielle Roest
Hm3 Rodney Scott
Hm3 Edgardo Tapia
Hm3 Ryan Mattox
Hm3 Shanna Lozada
Hm3 Jeffrey Garza
Hm3 Tammy Mcgillivray
Hm3 Ian Castro
Hm3 Brian Vigo
Hm3 Rodrigo Fajardo
Hm3 Darell Jenkins

Hm3 Joshua Olivas
Hm3 Kim Macias
Hm3 Kevin Wilson
Hm3 Andrew Earp
Hm3 Byron Mindoro
Hm3 Michael Kiamzon
Hm3 Christopher Parker
Hm3 Michael Bibera
Hm3 Kathleen Carrell
Hm3 Christopher Kudrik
Hm3 Silvina Humphrey
Hm3 Jose Vargascarlo
Hm3 Kellie Covey
Hm3 Loren Lagang
Hm3 Jennifer Tavernier
Hm3 Jason Allen
Hm3 Jeremiah Oh
Hm3 Cory Flint
Hm3 Lara Andrada
Hm3 Matias Salvatierra
Hm3 Shamekia Smith
Hm3 Susan Houchins
Hm3 Shannon Bidlack
Hm3 Andrew
Caldjon
Sh3 Michael Comer, Jr
Dt3 Andromeda Daniels
Dt3 Charles Council
Dt3 Ronald Cruz
Hn Jennifer Bradley
Hn Thomas Martin
Hn Edwin Samson
Hn Andrew Tyler
Hn Nicholas Mcgowan
Hn Partick Barnes
Hn Matthew Clayton
Hn Thomas Cupo
Hn Michael Denoyer
Hn Javier Esparza
Hn Christain Flohr
Hn Luis Fonseca
Hn Robert Fore
Hn Dustin Laxton

*Farewell Continued
on Page 14.*

Hail & Farewell

Farewell

Hn Nicole Madsen
Hn Ureka Maraver
Hn Stephen Mcgee
Hn Jonas Merrill
Hn Ernesto Negron Iii
Hn Jessica Peck
Hn Samakar Solomon
Hn Fredrick Sy
Hn Gary Vivit
Hn Keith Western
Hn Robert Brancato
Hn Jason Dumolt
Hn Matthew Soentgen
Hn Margaret Burnside
Hn Exion Huynh
Hn William Walters
Hn Jaslyn Bushong
Hn Alisha Boatright
Hn Joshua Simons
Hn Michael Rolan
Hn David Jackson
Hn Bruce Sowder
Hn Ginger Methner
Hn Christine Losinger
Hn Jeremiah Barber
Hn Phillip Farmer
Hn William Grijalba
Hn Brian Litch
Hn Jeremy Naftzger
Hn Aaron Patterson
Hn David Nicol
Hn Seth Matthews
Hn Christopher Roe
Hn Nathan Stokes
Ha Siree Allsop
Ha Richard Dilay
Ha Andreh Baghdasarians
Ha Zane Bergeron
Ha Joshua Cerna
Ha Martin Corcoran
Ha Daniel Cox
Ha Jerry Diemer
Ha Lori Nelson Ha
Erik Nicander Ha
Robert Neito Ha
Palph Torres Ha
Cindy Van Meter
Ha Luis Villanueva
Ha Terrence Willimas
Ha Stephen Jeter
Ha Nichol Olmo

Ha Eloy Pena Hamilton
Hr Mark Allgyer
Hr Orlando Atencia
Hr Brandon Berry
Hr Brandon Blanchard
Hr Sisavart Chanthaphon
Hr Norman Daniels
Hr Rudy Delacruz
Hr Eric Giles Hr
Erick Gonzalesmarroquin
Hr Jeffrey Logan
Hr Efrain Lopez
Hr Rinh Ly
Hr William Martin
Hr Ruben Naval
Hr Manclovia Puga
Hr Brendon Sandburg
Hr Dan Tauyan
Hr Joshua Vanderley
Hr Miles Vaughan
Hr Abigail Barrera
Gs04 Erlinda Dill
Gs04 Donald Newton
Gs04 Michelle Lorenzo
Gs04 Steven Carrier
Gs04 Millicent Beauchamp
Gs05 Rosalinda Richardson
Gs05 Martha Williams
Gs05 Abigail Dozier
Gs07 Earl Kjellberg
Gs08 Edith Delonay
Gs09 Elsa Guico
Gs09 Ruben Ruiz
Gs09 Grace Maribao
Gs11 Stephan Tate
Gs11 George Sarnecky
Gs11 Phillip Miedema
Gs11 Laverne Yount
Gs12 Kathleen Parker
Gs13 Robert Rendl
Wg02 William Elder
Wg08 Thomas Staggs
Oth Ursula Bauer
Oth Deanna Williams
Oth Tom Slatten
Oth Laine Setran
Oth Tricia Doughty
Oth Diana Clayton
Oth Casi Kessler
Oth Laschelle Williams
Oth Marina Denovitz
Rs Jennifer Hull
Rs Cynthia Stewart
Rs Kira Avery

Rs James Barrett
Rs Judith Allen
Rs Corrine Oakland
Rs Terri Humphrey
Rs Annie Conally
Con Juantia Ortiz
Con Nanci Albin
Con Nelvin Bulls
Con Deborah Cherniak
Con Betty Commander
Con Anella Skalky
Con Farrokh Alemzadeh
Con Cayenne Cantrell
Con Marievic Hampton
Con Victoria Justo
Con Aimee Nelson
Con Alma Turiano
Con Greg Guevara
Con Gabrielle Amador

Promotions

May 2001

Cmdr. Kelly D. Skanchy
Cmdr. Kathy S. Warner
Lt.jg. Anna M. Browning
Lt.jg. Dawn E. Galvez
Lt.jg. Elizabeth C. Gilliam
Lt.jg. Jenifer L. Hilton
Lt.jg. Karla J. McCall
Lt.jg. Ronald McGuire
Lt.jg. Richard W. Schulz
Lt.jg. Cheyenne L. Walter
Lt.jg. Daphne Yu

June 2001

Lt. Cmdr. Karen M. Carlson
Lt. Cmdr. Melinda M. Lukehart
Lt. Sara E. Cheaney
Lt. Jason B. Ellis
Lt. Joanne M. Galano
Lt. Charlotte K. Puttroff
Lt. Angela K. Shimp
Lt. Darryl B. Sol
Lt. Susan K. Wise
Lt.jg. Amber M. Alfieri

July 2001

Lt. Rhonda L. Bennett
Lt.Cmdr. Sarah J. Arnold

“Hits The Mark”
Continued from Page 1.

The average time for an appointment used to be one hour and ten minutes, the new time is forty minutes with only a five-minute wait in this clinic.

According to Hicks, what helped was the move; there was a sense of a clean slate, in an old setting there were old habits. “We don’t even have a vital signs room anymore, we have an exam room and all vital signs are taken in the patient’s exam room. The win for the clinic is that we are able to give the clinic a sense of streamlining,” he said.

“The last step was the reorganization of the staff, assigning assistants helped optimism,” said Patel.

“Our open house showcased the new clinic and flow, it also showed the template management,” said Hicks.

“It would have been easier for us to keep trucking along, but to see something better and meet and talk about it,” Hicks said. “Ownership.” “That came from my dad,” he said.

According to Patel the changes within the clinic have made a world of difference for the patients, they are now able to get in, get seen, and get out of the clinic faster with less wait time. “I think at this point we need to work on our new processes until they run smoothly, I’m pretty happy with the progress we’ve made so far,” said Patel.

“It’s really great working in a command that lets you do these things, if anyone comes up with any ideas or comments we are open to it,” said Hicks. ❁

SAILORS STAY NAVY



Photo by HM2 Sean F. Farrell

HM1 Kyle Norris Re-enlists for two more years in front of the Naval Hospital Camp Pendleton’s Navy Corpsman Memorial. Cdr Stashak is the re-enlisting officer. “It can be a quality career in the Navy provided that you put good effort to it,” said Norris re-enlist after completing roughly nine tours. “If you want to excel, NHCP offers you plenty of opportunities to stand out,” he said. Norris is one of many enlisted sailors taking on board the opportunity offered with the recent changes in high year tenure. He plans on retiring with 22 years of service.

Naval Hospital Camp Pendleton Sailor Of Quarter

First Quarter Calendar Year 2001

Junior Sailor of the Quarter - HM3 Kelly J. Molnar-Family Medicine Department

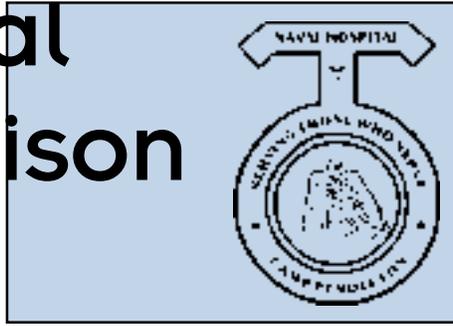
Senior Sailor of the Quarter - HM2 (SW/AW) James K. Jones- Preventive Medicine Department

Second Quarter Calendar Year 2001

Junior Sailor of the Quarter -DT3 Charles G. Bumbard -Dental Department

Senior Sailor of the Quarter -HM2 William R. Janic Jr. -Preventive Medicine Department

Operational Forces Liaison Office



By Kimberly Dimo Prato
Public Affairs Officer

An initiative came to light when the Fleet Liaison Office and Marine Liaison Office recently joined work space and personnel, to become the first Operational Forces Liaison Office.

Senior Chief Petty Officer Charles Bilbo and Chief Petty Officer William Almario were challenged to develop a centralized Liaison Office for operational forces and commands on Camp Pendleton and abroad.

Naval Hospital Camp Pendleton is the first facility to merge Fleet Liaison and Marine Liaison into one office according to Bilbo. "We do have Marines in the office, the Marine liaison deals with logistical issues whereas, we deal with medical issues," Bilbo said.

The Fleet/Marine Liaison team works together as the Operational Forces Liaison Office. The key factor the command was looking for was continuity between the hospital and all operational forces to help maintain unit readiness.

Bilbo went to Fleet Liaison in San Diego to learn and deal with shore fleet. Bilbo crafted parts of the office from a model in San Diego. Based on Naval Hospital Camp Pendleton's organization it was decided by the Commanding Officer, Capt. William Heroman,
Page 16

the best place for the office to reside is in Patient Administration.

"I piggy backed a lot of information on the Patient Administration side and spoke of the services of Fleet Liaison Office," said Bilbo. We serve as a liaison for the hospital and operational forces, "One stop shopping," we don't put them on hold- we set up appointments and coordinate such things as: Information on Medical boards, Limited duty boards, requests for appointments and receiving medical evacuations, he said.

If a Marine is not ready to deploy within a 24 hour period because of a medical situation or a vaccine not received, we get a call from the company commander, staff OIC and quickly arrange things directly with our medical units to make this Marine operational, according to Bilbo.

"Our goal is we would like to help any active duty Marine or Sailor before the issue goes to a formal complaint to Customer Relations," said Almario. The system is in place and now we are in the process of notifying the commands of this service, said, Almario.

The Operational Forces Liaison Officer is slated as a Special Assistant to the Commanding Officer. "Initially, I was alone and now I have an assistant, HM2 Krasovetz, who has extensive operational experiences with the

Marines," said Bilbo.

"We would not have been able to do this without the help of the CO (commanding officer) and XO (executive officer) and every single person in the Patient Administration Office, said Bilbo. For more information on the Operational Forces Liaison Office, call (760) 725-2950 or 725-1494. ✪

CCC Continued from Page 7.

educational benefits, however, students are not eligible for benefits under the Tuition Assistance program. Selectees are required to complete degree requirements in not more than 36 calendar months and attend school on a full-time, year-round basis beginning in the fall of the year selected. For MSC IPP, must be serving in paygrade E5 through E9. Not have reached their 35th birthday by time of initial appointment. For the active duty IPP applications must be received by Chief of Naval Personnel (PERS-811) not later than the date announced in the NAVADMIN for the year's board (normally on 1 November of the fiscal year in which the application is made.) Additional academic and program eligibility requirements are specified in greater detail in Chapter 13. ✪

For any further information of officer programs contact the Command Career Counselor at 725-1523 or gphenkel@cpn.med.navy.mil.



*Navy Corpsman
Celebrate
103 Years
of Service*



Camp Pendleton Navy Corpsman, families and staff from the hospital participate in the Annual Navy Hospital Corpsman birthday celebration at the running track adjacent to Naval Hospital Camp Pendleton (NHCP).

In honor of the Hospital Corps Celebration, NHCP, First Service Support Group, Third Marine Aircraft Wing and First Marine Division organized teams to run a total of 103 miles consisting of one mile for each year since the inception of the Navy Hospital Corps.

Pictured in the upper right hand corner Navy Corpsman compete in a three on three basketball tournament during the birthday celebration June 15. On the left HM2 Amy Chapman makes a splash during the event as a volunteer for the dunk tank. Families were invited to enjoy the afternoon with entertainment and opportunities for children to meet costume characters from local amusement parks. ❁

California IRONMAN

By JO2 Oscar A. Troncoso
Public Affairs Office

If not for the 100 plus volunteer hospital corpsman from Camp Pendleton, the May 19 Isuzu California Ironman may not have been possible.

Hospital corpsman manned all areas, from the aid stations and medical tents to driving the medical vans and running supplies. A total of 14 first aid stations had corpsman providing primary care or triage for the triathletes.

“The corpsmen had a very big role in this event,” said Cmdr. Kevin T. Seufert, Naval Hospital Camp Pendleton (NHCP) Sports Medicine Director and Medical Director of California Ironman. “They were also part of the planning picture, and they organized the volunteers.”

Over 10,000 spectators and 1,700 athletes of all ages participated in this international event. While many athletes came from San Diego county, some came from as far as Japan, Switzerland, the Czech Republic, Germany, Armenia, Australia, Ireland and Canada. The youngest athlete was an 18-year-old from San Antonio, and the oldest was a 78-year-old retiree from Palm Springs.

The triathletes swam 2.4 miles, biked 112 miles and ran a 26.2 marathon through Camp Pendleton Marine Corps base and parts of downtown Oceanside.

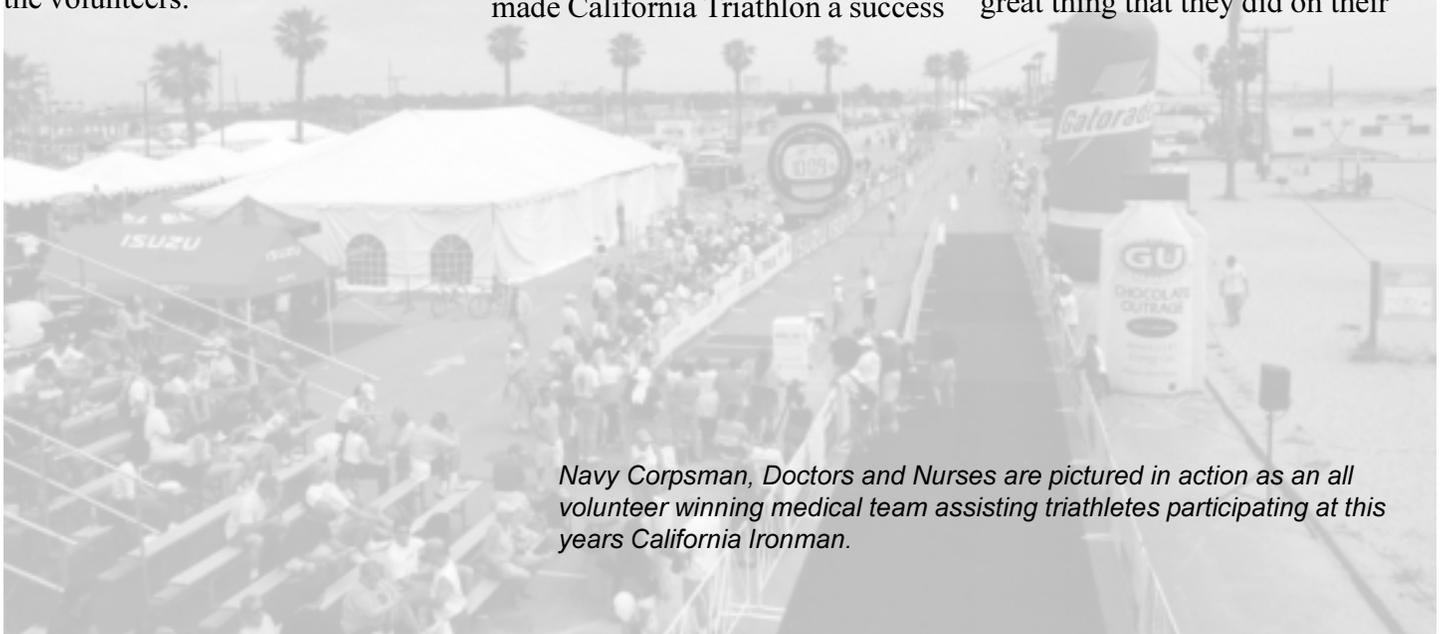
With so many participants taking part in such a grueling event, the role of the corpsman was crucial. All hospital corpsman who made California Triathlon a success



were volunteers. There were also 45 doctors and 18 nurses who volunteered, as well as about 10 non-medical personnel volunteers.

“This was a completely volunteer activity. Everything they did was voluntary duty,” said Seufert. According to Seufert, hospital corpsman who deserve special recognition for their efforts were HM3 Abraham J. Russo, HM3 Quinton Clement, HM2 Kim Macon, HM1 Steve Markham, and HM1 Tadeo O’Brien.

“The corpsman were so instrumental in manning the course aid stations. They were absolutely invaluable. Without them it would have been impossible to do. It’s a great thing that they did on their



Navy Corpsman, Doctors and Nurses are pictured in action as an all volunteer winning medical team assisting triathletes participating at this years California Ironman.



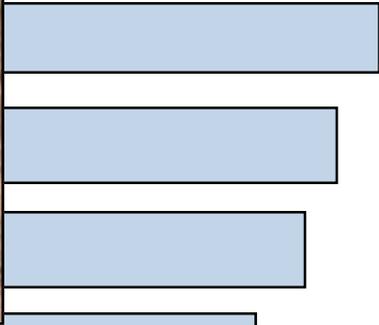
Photos by HM2 Sean F. Farrell



own time. The corpsman made it go,” said HM2 Macon of Sports Medicine and Reconditioning Therapy in 52 Area School of Infantry.

The California Ironman triathlon was one of five sanctioned in North America. One is held in British Columbia, Canada and the others are held in Panama City, Florida, Lake Placid, New York, and Madison, Wisconsin. This is the second year that Camp Pendleton and the city of Oceanside have hosted the Ironman triathlon. It is one of 22 held worldwide.

Tony DeBoom of Boulder, Colorado earned first place in the men’s division with a time of 8:22:14, while Natascha Badmann of Switzerland was the first woman to cross the finish line with a time of 9:18:48. The race, however, was marred by tragedy. Perry Rendina of Shalersville, Ohio, died when he crashed his bike on Camp Pendleton’s Basilone Road during the second lap of the 56-mile bike loop. ❁



HM/DT Olympics 2001

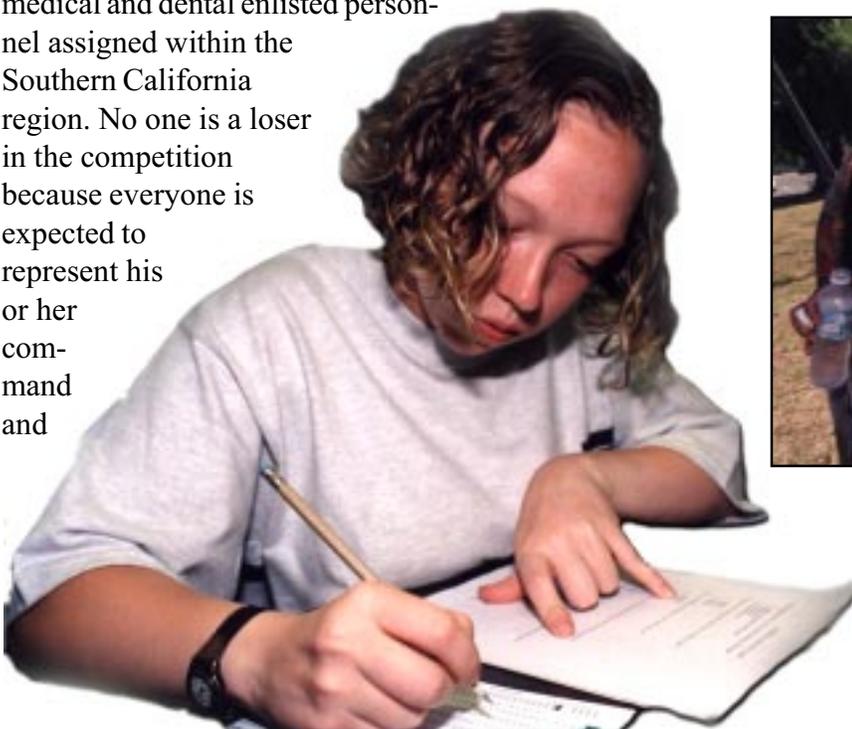
By JO1 Robert M. Dylewski
Deputy Public Affairs Officer

Naval Hospital Camp Pendleton (NHCP) Sailors met the challenge at the Annual Hospital Corpsmen and Dental Tech Olympics held at Lake O'neill Camp Pendleton this year. The 20 member Command team consisted of Hospital Corpsmen, Dental Techs and one Personnelman all competing in five events aimed at Corpsmen skills.

The HM/DT Olympics concept was conceived by HMCM(SS) Gulihur, Command Master Chief, Naval Medical Command Southwest Region in 1985. The idea behind the games is to foster a spirit of camaraderie between the various ashore, afloat, Fleet Marine Force (FMF), and Seabee Medical and Dental personnel. Participates range from variety of medical and dental enlisted personnel assigned within the Southern California region. No one is a loser in the competition because everyone is expected to represent his or her command and

rate with pride while making new shipmates. According to DTC Frank J. Hallinan from Naval Dental Center Southwest, one of the main coordinators for this year's event, "It's a chance for all of us to see and old shipmate. The event is also a great way to promote teamwork and get refresher training on skills some of us don't use in or day to day jobs." HMC (FMF) William D. Almario, Senior listed Director for Maternal Infant Services and NHCP's HM/DT Olympics 2001 Coordinator said, "I think it's an honor to actual compete. Whether we win or loose it's based on the knowledge of the past. I don't really look at winning per se. I just think it's a privilege and an honor representing the command."

NHCP took first place in the T-shirt design competition with designs created by HN Loreto A. Cruz. The hospital won first place with thier banner design created by HM1 Daniel Klembara. ❁



Graphics and Photos by JO1 Robert M. Dylewski

Above NHCP's Team members share their enthusiasm for the stretcher bearer obstacle course with the commands coordinator HMC (FMF) William D. Almario. Left, HR Karen Werbe is flexing her corpsman knowledge during the written examination competition. Upper left side of the page team members compete in the Casualty Treatment and Transportation.